REFRESH DAY SPA
& REMEDIAL CLINIC
Gift Guide
Spa Gifts for Every Budget

UP TO $100

Small luxuries that leave a lasting impression

30 Minute Massage

A soothing 30-minute escape. Choose from remedial, relaxation or deep tissue to melt tension and revive the body

$90 - $95

Skin Reset Facial - 30

A 30-minute facial tailored to refresh tired skin, restore balance and leave them glowing with visible radiance

$99

Obsidian Glow Candles

Hand-poured with care, our Obsidian Glow candles fill any space with warmth, comfort, and a lingering scent

$20 - $40

UP TO $150

A step further in self-care and indulgence

Skin Reset Facial - 45

A customised 45 minute facial, using our award winning iKOU skincare range, to leave your skin feeling renewed

$129

Hydradermabrasion & Mask

A relaxing but deeply exfoliating facial, using the power of vacuum and serum infusion to refresh your skin

$149

60 Minute Massage

Choose between relaxation, remedial, hot stone or lymphatic drainage

$135 - $145

R
SPORTS BLEND
R
CALMING
BLEND

UP TO $200

More time, more care, beautifully delivered

90 Minute Massage

A deeply nurturing massage. Choose from remedial, relaxation, deep tissue or hot stone for full-body renewal

$180 - $200

Refresh Ritual Massage - 75

Our signature massage experience. Every moment sequenced deliberately to invoke the senses and restore calm

$179

Ultimate Massage Experience

A 30 minute infrared sauna, followed by a 60 minute relaxation massage, which includes our award winning Italian Orange and Jojoba body scrub

$175

UP TO $250

Designed for those who need a little more

Head to Sole Escape

A head-to-toe ritual combining massage, foot care and scalp therapy. 105 minutes of deep relaxation

$245

Deluxe Face & Body

45 minutes of personalised facial care paired with a 45-minute full body relaxation massage

$230

Hydraderm & Oxygen Facial

A powerful pairing of deep exfoliation and oxygen infusion, designed to smooth and hydrate

$229

REFRESH RITUALS

The ultimate expression of care and indulgence

Ritual Escape

135 minutes of pure bliss. Our 75minute Signature Massage, and our 60 minute Signature facial, combined into one seamless journey.

$325

Ritual Retreat

The ultimate retreat. Our Ritual Escape as above, but with an elevated experience, adding a 30 Minute Infrared Sauna, and 30 minute Bergamot Scalp cocoon to leave you feeling totally renewed.

$399

Want to make it extra special?

Ask our staff how you can enhance the experience with any of our beautiful add-ons:

- LED Light Therapy
- Infrared Sauna Session
- Italian Orange and Jojoba Body Scrub
- Bergamot Scalp Cocoon
- Foot Massage
- Scalp Massage

Not sure what they'll love?

Give a voucher for a dollar amount, and let them decide later. We'll be here to guide them when ready to book.

However you decide to gift, we're honoured to be a part of it.